

Patient Group		Clinic Target	HBPM Target
Hypertension (no co-morbidities) <small>Taken from: NICE CG127, Aug 2011</small>	under 80 yrs	<140/90 mmHg	<135/85 mmHg
	over 80 yrs	<150/90 mmHg	<145/85 mmHg
Type 1 diabetes <small>Taken from: NICE CG15, July 2014</small>		<135/85 mmHg	<130/80 mmHg
	Microalbuminuria Or, two or more features of metabolic syndrome	<130/80 mmHg	<125/75 mmHg
Type 2 diabetes <small>Taken from: NICE CG87, June 2014</small>		<140/80 mmHg	<135/75 mmHg
	Kidney damage Eye damage Cerebrovascular damage	<130/80 mmHg	<125/75 mmHg
Chronic Kidney Disease (stages 3-5) <small>Taken from: NICE CG182, July 2014</small>		<140/90 mmHg (target range 120–139 mmHg systolic)	<135/85 mmHg
	Diabetes Proteinuria (ACR ≥ 70mg/mol)	<130/80 mmHg (target range 120-129 mmHg systolic)	<125/75 mmHg
Stroke and TIA* <small>Taken from: RCP National Clinical Guideline for Stroke, 2012</small>		<130/80 mmHg	<125/75 mmHg
	Severe bilateral carotid stenosis	SBP 130-150 mmHg	SBP 125-145 mmHg