



HANDMADE

Sociable craft workshops for adults aged 50+

Arts and Craft bring benefits in terms of personal health happiness and wellbeing and by participating in the HANDMADE session you will have the opportunity to do just that as well as meet other people.

The sessions provides an opportunity to try your hand at a range of craft skills whilst boosting your sense of wellbeing in an informal and relaxed environment.

To make a referral please contact Claire Cowell,
Age Friendly Culture Coordinator.

claire.cowell@manchester.ac.uk
07776 170688

Dates:

Friday 19 April

Friday 26 April

Friday 10 May

Friday 17 May

Time:

10am-12pm

Location:

The Whitworth,
The Learning Studio